





Are you ready to connect to your best self, release limiting beliefs that are holding you back and live life with joy and excitement?

I invite you to Touch of Equine, where you will be immersed in nature and be supported by the herd & myself. We will stand alongside you listening deeply as you become more aware, find your truth and begin taking steps to living your life the way you envision.

We can't wait to meet You!

 Mondays, May 15, 22, 29 & June 5, 12, 19, 2023

 6:00 - 8:30 PM

 Farm Away, Portage la Prairie, MB

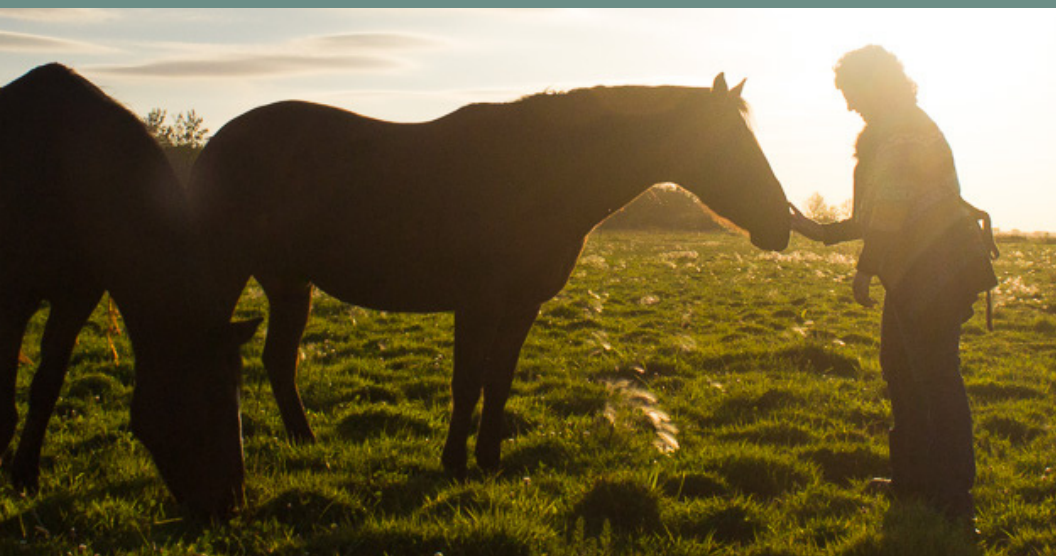
Sessions will be outdoors with the horses, weather permitting. 18 years of age & up.

Register now! Only 8 spaces available.

Investment in You \$427

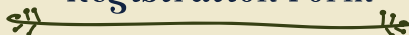
*Touch
of Equine* 
Cultivate Your New Beginning

For More Details or to Register email tracy@touchofequine.ca





Registration Form



Name: _____

Address: _____

City: _____

Postal Code: _____ Ph# _____

Email address _____



Group held Mondays, May 15, 22, 29 & June 5, 12, 19, 2023
6:00 - 8:30 PM at Farm Away. Portage la Prairie, MB
Open to Men & Women, 18 years & older.

Cost \$427 for 6 weeks, includes taxes.

50% Deposit due upon registration via etransfer to tracy@touchofequine.ca with
remaining balance due by May 15th. Registration deadline May 10th.

Questions? tracy@touchofequine.ca





*Inspiring Human potential through Connection,
Optimism and the Wisdom of the Horse*

What is Gestalt?



A German word, Gestalt loosely translated means wholeness or flowing into form.

As an Equine Gestaltist I believe that the clients who visit my barn are complete and whole individuals. As life happens we sometimes lose the essence of who we are or the answers we seek along the way. Due to life circumstances, trauma or fear of making the wrong choice our inner knowingness becomes blurred and we ponder the idea of what our purpose is here on Earth. In order to move forward we tuck away those experiences and they become our "unfinished business" and when we continue to carry them around with us it can manifest into sickness, addiction, anger, sadness or a general unwell feeling. What if I told you there is a way to find the answers, to feel whole and live your life full of joy, love and excitement?

Enter myself, Tracy, the Gestaltist and my healing herd of horses. We are here to listen and sit with you, as you dig deep to unearth what has been packed away for months, years or even generations. In our safe and supportive environment we will work together giving you the space to access the answers that lie deep inside you. Guided by myself and my amazing equine partners, realizations will be made, actions will be taken and you will flow into the empowered knowing that you have taken steps towards your wellness and creating the vision for your future!

I am here to answer any questions regarding equine gestalt coaching.

Tracy

tracy@touchofequine.ca

www.touchofequine.ca

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